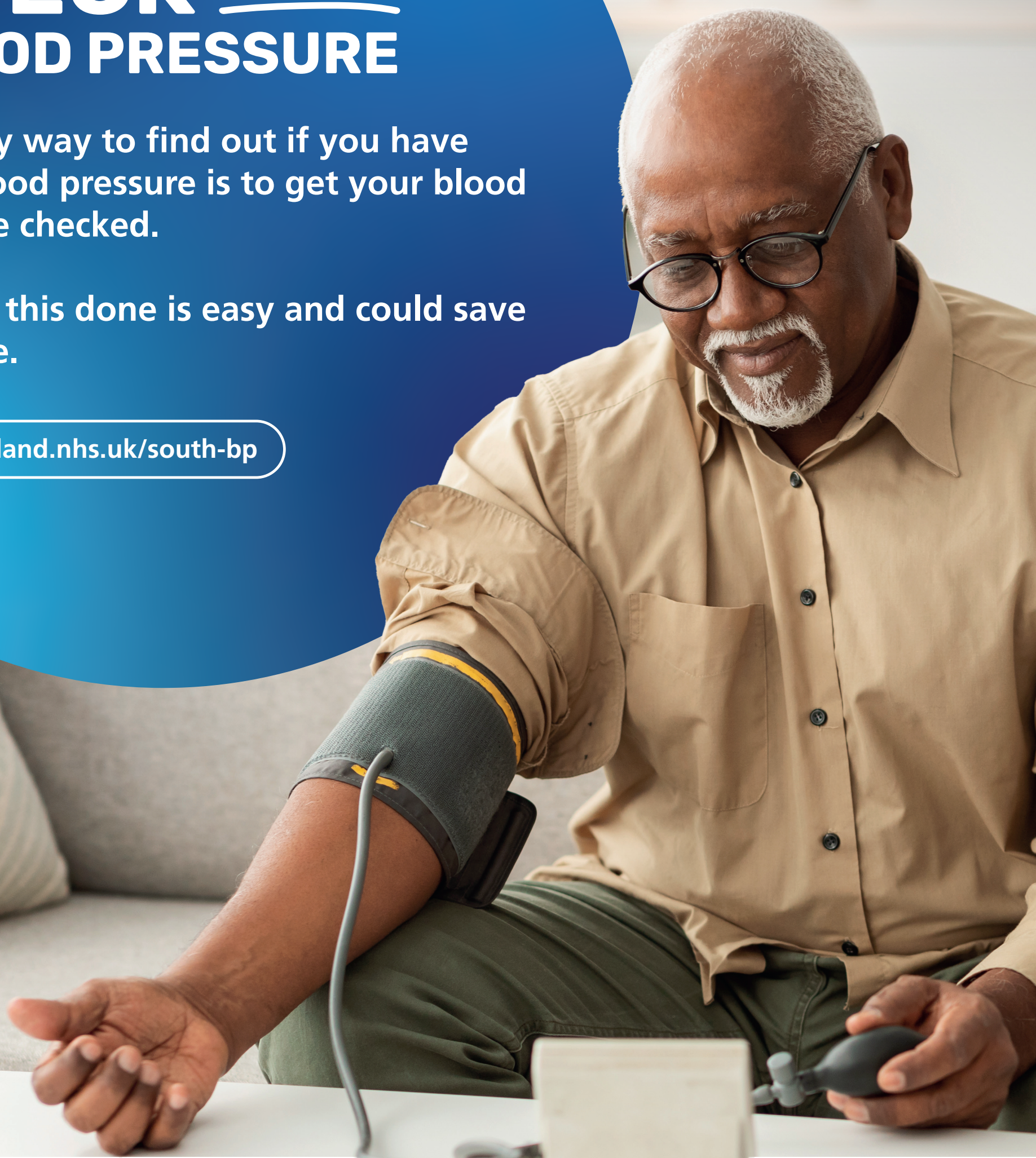


CHECK YOUR BLOOD PRESSURE

The only way to find out if you have high blood pressure is to get your blood pressure checked.

Getting this done is easy and could save your life.

www.england.nhs.uk/south-bp



CHECK YOUR BLOOD PRESSURE



Scan for more information
on high blood pressure.